



Series 100

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## 107-Show Close

Julie Fei-Fan Balzer uses glue resist to embellish paper craft and fabric projects.



Please continue to the next page for project instructions.

## Glue Resist

Tammy Tutterow

tammytutterow.typepad.com

### Supplies:

- Claudine Hellmuth Studio Multi Medium, Matte
- Claudine Hellmuth Sticky Back Canvas (or stretched box canvas)
- wood shape or photo frame (or stretched box canvas)
- spray ink (Tattered Angels Glimmer Mist is shown)
- wet cloth or baby wipe
- plastic stencil (Tattered Angels Blossom Glimmer Screen shown)
- foam brush
- Distress Ink (for stamping)
- stamp (rubber or polymer of choice, Tattered Angels Blossom Tree stamp shown)



To create a glue resist on canvas, lay a stencil on a piece of canvas. While holding the stencil in place, brush the medium onto the canvas over the stencil using a foam brush. Use both brush strokes and blotting with a foam brush to apply medium to all of the open spaces of the screen. Once the open areas of the stencil are filled with the medium, lift the stencil off of the canvas. Continue placing the stencil on the canvas, rotating the orientation of the design around the canvas until the entire surface is covered. (Tip: Wash your screen promptly when you are done while the multi medium is still wet. If you let it dry you will have to scrape and peel it off. It comes off, but washing is much easier!)



Once the multi medium is dry, spray the surface of the canvas with a spray ink or colorant (shown: Tattered Angels Vanilla Breeze Glimmer Mist). The spray will puddle on the areas covered with the dry multi medium and will soak into the canvas in the non-coated areas.



Use a dry cloth to wipe away the excess colorant. (The speckling on the in the white areas on this canvas are small spots that that were not coated with Multi Medium or were too thin. I actually like the effect since it makes it look finished effect more distressed looking. In the future, if I wanted a crisper look, I would be sure that my Multi Medium was applied more evenly.)



Ink a stamp using any shade of Distress Ink to add detail inside the colored areas of the design. Distress Ink is a great choice for this since it can be easily wiped off of the dry multi medium. It also creates a very subtle stamped image. (I tried several other inks on a piece of scrap and found some would not wipe off very well. Distress ink wipes completely off of the resist and stays put on the exposed canvas.)



Use a moist cloth or baby wipe to rub over the resist areas to remove the stamp ink. Once wiped away, the stamped image will remain in the colored areas of the design.



If you are not using a stretched box canvas, you can easily create a faux stretched canvas by simply covering a wooden craft photo frame or piece of wood with Sticky Back Canvas.



Wrap the frame tightly with the Sticky Back Canvas. It has adhesive on it already that is sufficient to hold it in place, but you may want to add a few staples at each corner on the back of the piece.



Finish the piece by embellishing the canvas with ribbon, chipboard accents, a distressed tag, and assorted ephemera or embellishments.



The stamping adds a very subtle detail.



I used chipboard letters to a distressed shipping tag, spelling out the word HOME. I painted each letter with Golden Goddess Glimmer Glam and then added a nice thick coat of Glossy Accents.



Lynda Heines - Bloombakecreate.com

## Glue Resist Card Case

I'm always looking for something to carry my ID and credit cards when I don't want to take my purse. After much thought and trying other pouches and coin purses, I decided to make this card case.

First we need to make the glue resist fabric.

Before you start, you need to make a padded base to work on. I covered a piece of plywood with two layers of felt. Then to keep the felt clean, I slipped an old pillowcase over it. This work surface can now be used over and over again.

Now to the fabric. I used 100% cotton muslin.

1. Wash, dry, and iron the fabric.
2. Pin it to the padded work base.
3. This is where the fun comes in! Apply your glue. It must be water-soluble. I used Elmer's School Glue. You can stamp or draw or whatever you want to do with this glue. For this example, I drew some lines and circles.
4. Now we need to wait until it dries - at least 24 hours. (I hate waiting, but it was worth it!) The fabric must be dry to touch.



### Supply list

#### Glue Resist Technique

Plywood  
Felt  
Pillowcase or material to cover board  
Straight pins  
Fabric - 100% cotton  
Water-soluble glue (Elmer's School Glue)  
Textile paints  
Parchment paper or pressing cloth  
Iron

#### Card Case

Cover fabric - 5 3/4 x 4 1/4 inches  
Inside fabric - 5 3/4 x 4 1/4 inches  
Flannel - 5 3/4 x 4 1/4 inches  
Card pocket fabric (2) - 4 1/4 x 2 1/4  
Rotary cutter or scissors  
Fabric glue  
Thread  
Sewing machine  
Pinking shears



5. After the glue is dry, apply your textile paints.
6. Then allow the paints to dry. Check your paints to see how long the manufacturer suggests. Mine took 24 hours.
6. Heat set the paint. I did this by placing a piece of parchment paper over the right side of the fabric (to protect the iron) and ironed.
7. Wash the fabric in cool water in the washing machine. It took two cycles to get most of the glue out. I ended up rubbing the rest off.
8. Iron and you're ready to make your card case.

1. Lay the cover fabric down with wrong side up. Apply fabric glue and place flannel on top of the glue. Then apply glue to flannel and top with lining facing right side up.

2. Now you will have a three layer sandwich: the cover, flannel and lining.

3. Take the two card pocket pieces and pink one long side. This will be the open side of the pocket.

4. Place lining side up and with fabric glue attach pocket pieces on sides and bottom only- one on top and one on bottom with the pinked edges toward the center.

5. Once the glue has dried, sew leaving a 1/4 inch seam around the whole outside of the project.

6. To keep the ends from unraveling, sew a zig zag stitch in the seam allowance.

7. Fold over and press.

Tips: You could add velcro as a closure and use your pinking shears to the edges instead of the zig-zag stitch. These card cases can also be embellished on the outside.

